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| **NAME OF BSC, WITH CREDENTIALS****NAME OF BSC AGENCY****CITY, NEW MEXICO****PHONE CONTACT; FAX CONTACT****EMAIL ADDRESS** |
| **BEHAVIORAL CRISIS INTERVENTION PLAN****TIME PERIOD** |
| **INDIVIDUAL’S NAME:** | **Mike Gibson** | **JACKSON CLASS MEMBER:** | **No** |
| **DOB:** | **5/8/79** | **LAST 4 OF SSN:** | **8897** |
| **INDIVIDUAL’S ADDRESS:** | **123 South St Abq, NM 87108** | **INDIVIDUAL’S PHONE CONTACT:** | **888-123-4567** |
| **GUARDIAN:** | **Self** | **GUARDIAN CONTACT:** | **888-123-4567** |
| **RESIDENTIAL AGENCY:** | **Homes Inc** | **CCS AGENCY:** | **Crafts Inc** |
| **CASE MANAGER:** | **Kathy Smith** | **CASE MANAGER AGENCY:** | **CM Experts** |
| **OTHER PROVIDERS:** | **SLP John Brown** | **REGION OF RESIDENCE:** | **Metro** |
| **ANNUAL ISP DATE:** | **2/1/16-2/15/17** | **DATE OF REPORT:** | **4/6/2016** |
| **Target Behaviors**: Physical aggression to others, property destruction or extreme psychiatric distress/agitation is the most likely presentations of a crisis situation for Client. Occasional elopement is also a concern.**Prevention Strategies:**1. Client should spend as much of his day as possible in an active, structured program that engages him on a variety of levels – vocational, social, and physical.
2. Client’s environment should be kept as calm as possible with well trained, active, engaging and responsive staff
3. Practice self-calming techniques with Client on a regular basis
4. Pay close attention to any indications that Client may be experiencing pain, discomfort or a change in his normal mood. Report any such events to the nurse or BSC as appropriate.
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| STAGE | What Client is Doing | What you do |
| **GENERAL SUPPORT** | * Usual day, no intensity, calm demeanor
* Interested, engaged, talkative
* Calms easily
* Happy voice, ‘easy eyes’
 | * Follow general positive support plan
 |
| **AWARE** | * Eyes narrow
* Increased staring
* Does not respond as quickly to questions
* STAFF: Add on to this section as you get to know how to ‘read’ Client
 | * Calm tone of voice, positive attitude
* GIVE SPACE
* WAIT
* Engage Client – offer activities once he calms
* Focus on positive actions – increase use of verbal reinforcement
* Make sure all sharps are put away/secure
 |
| **ALERT** | * Eyes narrow and intense
* Increased intensity of staring
* States “I’m Mad”
* Kicks feet

STAFF: Add on to this section as you get to know how to read Client’s build up -  | * Offer the floor
* Offer deep pressure on back
* Be aware of your physical proximity to Client.
* Plan how you will avoid physical engagement
* Put hair up, remove earrings (in private)
* Offer to call someone for Client or have him call a trusted support
* Reinforce Client for being able to state how he was feeling
* Get back to regular schedule
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| **ACTION** | * The above cycle repeats a few times
* Does not seem to be calming himself
* Actual physical attempt to harm others or engage in property destruction
 | * Take deep breaths, be mindful of your emotional reactions
* OPEN UP THE SPACE – Move furniture etc…
* ONE PERSON TAKES LEAD
* OTHERS BACK OFF – OUT OF SIGHT
* Use creative crisis management skills – do something unexpected
* Follow PRN Medication plan if in effect
* **If you need to physically touch Client in order to ensure his or other’s safety you must**:
* Be trained on these interventions
* Announce yourself and your intention to touch him
* In general – physical intervention IS NOT recommended with Client due to the risk of injury
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| **EXTERNAL SUPPORTS** | * Taking dangerous action
* Major physical harm
* Unable to recover from intense events
* Repeated statements that he wants to harm himself
* Any attempt to harm self in a manner likely to cause serious injury
 | * Consider transporting Client to the ER.
* Call emergency services – REQUEST THE CRISIS RESPONSE TEAM
* Tell them that this is an individual with a disability and mental health condition
* Call residential provider
* Call BSC
* Accompany to ER
* File appropriate paperwork
* Team communicates
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**REMEMBER – THE MAIN GOAL IS TO GET BACK TO REGULAR SCHEDULE AND FUNCTIONING AS RAPIDLY AS POSSIBLE. ONCE CLIENT IS CALM – GO BACK TO THE NORMAL ROUTINE**

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| **BSC SIGNATURE***WITH TITLE AND CREDENTIALS* | **DATE** |