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| **NAME OF BSC, WITH CREDENTIALS**  **NAME OF BSC AGENCY**  **CITY, NEW MEXICO**  **PHONE CONTACT; FAX CONTACT**  **EMAIL ADDRESS** | | | |
| **BEHAVIORAL CRISIS INTERVENTION PLAN**  **TIME PERIOD** | | | |
| **INDIVIDUAL’S NAME:** | **Mike Gibson** | **JACKSON CLASS MEMBER:** | **No** |
| **DOB:** | **5/8/79** | **LAST 4 OF SSN:** | **8897** |
| **INDIVIDUAL’S ADDRESS:** | **123 South St Abq, NM 87108** | **INDIVIDUAL’S PHONE CONTACT:** | **888-123-4567** |
| **GUARDIAN:** | **Self** | **GUARDIAN CONTACT:** | **888-123-4567** |
| **RESIDENTIAL AGENCY:** | **Homes Inc** | **CCS AGENCY:** | **Crafts Inc** |
| **CASE MANAGER:** | **Kathy Smith** | **CASE MANAGER AGENCY:** | **CM Experts** |
| **OTHER PROVIDERS:** | **SLP John Brown** | **REGION OF RESIDENCE:** | **Metro** |
| **ANNUAL ISP DATE:** | **2/1/16-2/15/17** | **DATE OF REPORT:** | **4/6/2016** |
| **Target Behaviors**: Physical aggression to others, property destruction or extreme psychiatric distress/agitation is the most likely presentations of a crisis situation for Client. Occasional elopement is also a concern.  **Prevention Strategies:**   1. Client should spend as much of his day as possible in an active, structured program that engages him on a variety of levels – vocational, social, and physical. 2. Client’s environment should be kept as calm as possible with well trained, active, engaging and responsive staff 3. Practice self-calming techniques with Client on a regular basis 4. Pay close attention to any indications that Client may be experiencing pain, discomfort or a change in his normal mood. Report any such events to the nurse or BSC as appropriate. | | | |

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| STAGE | What Client is Doing | What you do |
| **GENERAL SUPPORT** | * Usual day, no intensity, calm demeanor * Interested, engaged, talkative * Calms easily * Happy voice, ‘easy eyes’ | * Follow general positive support plan |
| **AWARE** | * Eyes narrow * Increased staring * Does not respond as quickly to questions * STAFF: Add on to this section as you get to know how to ‘read’ Client | * Calm tone of voice, positive attitude * GIVE SPACE * WAIT * Engage Client – offer activities once he calms * Focus on positive actions – increase use of verbal reinforcement * Make sure all sharps are put away/secure |
| **ALERT** | * Eyes narrow and intense * Increased intensity of staring * States “I’m Mad” * Kicks feet   STAFF: Add on to this section as you get to know how to read Client’s build up - | * Offer the floor * Offer deep pressure on back * Be aware of your physical proximity to Client. * Plan how you will avoid physical engagement * Put hair up, remove earrings (in private) * Offer to call someone for Client or have him call a trusted support * Reinforce Client for being able to state how he was feeling * Get back to regular schedule |
| **ACTION** | * The above cycle repeats a few times * Does not seem to be calming himself * Actual physical attempt to harm others or engage in property destruction | * Take deep breaths, be mindful of your emotional reactions * OPEN UP THE SPACE – Move furniture etc… * ONE PERSON TAKES LEAD * OTHERS BACK OFF – OUT OF SIGHT * Use creative crisis management skills – do something unexpected * Follow PRN Medication plan if in effect * **If you need to physically touch Client in order to ensure his or other’s safety you must**: * Be trained on these interventions * Announce yourself and your intention to touch him * In general – physical intervention IS NOT recommended with Client due to the risk of injury |
| **EXTERNAL SUPPORTS** | * Taking dangerous action * Major physical harm * Unable to recover from intense events * Repeated statements that he wants to harm himself * Any attempt to harm self in a manner likely to cause serious injury | * Consider transporting Client to the ER. * Call emergency services – REQUEST THE CRISIS RESPONSE TEAM * Tell them that this is an individual with a disability and mental health condition * Call residential provider * Call BSC * Accompany to ER * File appropriate paperwork * Team communicates |

**REMEMBER – THE MAIN GOAL IS TO GET BACK TO REGULAR SCHEDULE AND FUNCTIONING AS RAPIDLY AS POSSIBLE. ONCE CLIENT IS CALM – GO BACK TO THE NORMAL ROUTINE**

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| **BSC SIGNATURE**  *WITH TITLE AND CREDENTIALS* | **DATE** |